



MEADOWS-MAY 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:00-SIT & BE FIT 9:45-STORIES FROM THE PAST 1:00-ONE ON ONES 2:00-SNACK TIME 2:30-BINGO	2 9:00-SIT & BE FIT 10:00-DOCUMENTARIES 1:30-ICE CREAM SOCIAL 2:45-MUSIC THERAPY	3 9:00-SIT & BE FIT 10:00-SING ALONG 2:00-TEA PARTY 3:00-VOLLEY BALLOON	4 9:00-SIT & BE FIT 10:00-WORD GAMES 1:30-CATHOLIC COMMUNION 2:00-SNACK TIME 2:30-BINGO	5 HAPPY CINCO DE MAYO 9:00-STRETCH & STRENGTHENING 10:00-TAI CHI 2:00-PINATA FUN & BOB J.'S BIRTHDAY PARTY 2:45-HAPPY HOUR DR. BLU	6 10:00-THE CROWN 2:00-SNACK TIME 3:00-VOLLEY BALLOON
7 10:00-CHURCH TV SERVICE 1:30-WEEKLY MOVIE 2:00-SNACK TIME	8 9:00-SIT & BE FIT 10:00-PRETTY NAILS 1:00-ONE ON ONES 2:00-SNACK TIME 2:30-BINGO	9 9:00-SIT & BE FIT 10:00-DOCUMENTARIES 1:30-COFFEE, COOKIES & CONVERSATION 3:00-VOLLEY BALLOON	10 9:00-SIT & BE FIT 10:00-SING ALONG 1:00-MEMORIES IN THE MAKING 3:00-VOLLEY BALLOON	11 9:00-SIT & BE FIT 10:00-PRETTY NAILS 1:30-CATHOLIC COMMUNION 2:00-SNACK TIME 2:30-SCENIC DRIVE	12 9:00-STRETCH & STRENGTHENING 10:00-TAI CHI 1:30-AIR HOCKEY 2:45-HAPPY HOUR RICKCHINSCHI	13 10:00-THE CROWN 2:00-SNACK TIME 3:00-VOLLEY BALLOON
14 HAPPY MOTHER'S DAY 10:00-CHURCH TV SERVICE 1:30-WEEKLY MOVIE 2:00-SNACK TIME	15 9:00-SIT & BE FIT 9:45-STORIES FROM THE PAST 1:00-ONE ON ONES 2:00-SNACK TIME 2:30-BINGO	16 9:00-SIT & BE FIT 10:00-DOCUMENTARIES 1:30-ICE CREAM SOCIAL 2:45-MUSIC THERAPY	17 NATIONAL CHERRY COBBLER DAY 9:00-SIT & BE FIT 10:00-SING ALONG 1:00-MEMORIES IN THE MAKING 2:30-CHERRY COBBLER 3:15-PITCHING PENNIES	18 9:00-SIT & BE FIT 10:00-WORD GAMES 11:00-OUT TO LUNCH 1:30-CATHOLIC COMMUNION 2:00-SNACK TIME 2:30-BINGO	19 9:00-STRETCH & STRENGTHENING 10:00-TAI CHI 2:15-THE MEADOWS PROM DUNCAN	20 10:00-THE CROWN 2:00-SNACK TIME 3:00-VOLLEY BALLOON
21 10:00-CHURCH TV SERVICE 1:30-WEEKLY MOVIE 2:00-SNACK TIME	22 9:00-SIT & BE FIT 10:00-PRETTY NAILS 1:00-ONE ON ONES 2:00-SNACK TIME 2:30-BINGO	23 9:00-SIT & BE FIT 10:00-DOCUMENTARIES 1:30-COFFEE, COOKIES & CONVERSATION 3:00-VOLLEY BALLOON	24 9:00-SIT & BE FIT 10:00-SING ALONG 1:00-MEMORIES IN THE MAKING 3:00-VOLLEY BALLOON	25 9:00-SIT & BE FIT 10:00-PRETTY NAILS 1:30-CATHOLIC COMMUNION 2:00-SNACK TIME 2:30-SCENIC DRIVE	26 9:00-STRETCH & STRENGTHENING 10:00-TAI CHI 2:00-BOB A.'S BIRTHDAY PARTY 2:45-HAPPY HOUR LARRY O'CONNOR	27 10:00-THE CROWN 2:00-SNACK TIME 3:00-VOLLEY BALLOON
28 10:00-CHURCH TV SERVICE 1:30-WEEKLY MOVIE 2:00-SNACK TIME	29 HAPPY MEMORIAL DAY 9:00-SIT & BE FIT 9:45-STORIES FROM THE PAST 11:00-PICNIC ON THE PATIO 2:00-SNACK TIME 2:30-BINGO	30 9:00-SIT & BE FIT 10:00-DOCUMENTARIES 1:30-BAKING COOKIES 3:30-PITCHING PENNIES	31 NATIONAL MACARRON DAY 9:00-SIT & BE FIT 10:00-SING ALONG 1:00-MEMORIES IN THE MAKING 2:30-MACAROONS			