



We are pleased to announce the partnership between Golden Pond and ONR, Inc., a national leader in rehabilitation services. It is our goal to provide therapy services that will serve our residents. The program offered by this partnership will complement our community's commitment to serving the healthcare needs of residents.

The focus of the program is to help residents regain independence. The Rehabilitation Program at Golden Pond serves residents with hip and knee fractures, joint replacements, stroke, arthritis, cardiovascular disease, dementia, diabetes, pain, chronic health conditions and other disabling diseases and injuries.

Each resident has an individualized treatment plan and receives continued support by our staff throughout their stay. We offer an in-home evaluation as part of the discharge planning process and follow-up with the resident's physician.

We welcome the opportunity to work collaboratively.

1270 N Ford Street, Golden, CO 80403
(833) 947-3829 (toll-free) • gprctherapy@onr-inc.com

HEY PHYSICAL THERAPY,



I may require the attention of a physical therapist and here is why . . .

- ▶ Falls in my room, home or in the community
- ▶ Difficulty walking, posture problems, and difficulty moving in bed
- ▶ Difficulty transferring from my bed into a chair or car, or standing up and sitting down
- ▶ Muscle weakness
- ▶ Pain
- ▶ Problems with balance and strength affecting my safety
- ▶ Problems with, or need of, an assistive device such as a cane or walker
- ▶ Fine or gross motor problems with my hands, arms and legs
- ▶ Contracture problems, stiffness, or tremors
- ▶ Difficulty climbing stairs
- ▶ Medical diagnosis of Parkinson's, multiple sclerosis, stroke, dementia, ALS, orthopedic problems or traumatic brain injury, or other neurological diseases

For more information on how to receive your therapy services, contact the Golden Pond Therapy Department at (833) 947-3829 (toll-free).





Outpatient Rehabilitation is **Now Onsite!**

PHYSICAL THERAPY • OCCUPATIONAL THERAPY • SPEECH-LANGUAGE PATHOLOGY

Golden Pond, in collaboration with Orthopaedic and Neurological Rehabilitation (ONR, Inc.), is pleased to announce that outpatient therapy services are now available in your community. **You can receive quality rehab services in our office just a few steps from your front door, or even in the comfort of your own home.**

Meet the Director of Rehabilitation



Jesse Stuckey, MPT

Jesse Stuckey is the Director of Rehabilitation at Golden Pond. He graduated in 2007 from St. Louis University with his Masters Degree in Physical Therapy and earned his undergraduate degree from Eastern Illinois University.

Jesse grew up in a rural, midwestern town near St. Louis, Missouri. He became interested in physical therapy after sustaining injuries during high school sports and required physical therapy in order to return to play. He enjoys working with a variety of patients and since graduating from St. Louis University has worked in several different settings including outpatient, home health, and skilled nursing.

Jesse and his family live in Pine, Colorado, and enjoy many outdoor activities including skiing, hiking, mountain biking, and fishing.

Please come visit and set up an appointment for your complimentary screening today!